



Live Well Empowerment Service

Information for referral agencies and partners

The Live Well Empowerment Service provides a single, community-based route into preventative wellbeing support for adults living in Havering. The service is commissioned by Havering Council and delivered by Tapestry Care UK through community hubs in Rainham, Harold Hill and Hornchurch.

What is Live Well?

Live Well is a preventative, strengths-based service designed to support residents before issues escalate into crisis or statutory intervention. It complements existing statutory and specialist provision by focusing on early help, community connection and coordinated voluntary sector support.

Who does Live Well support?

Havering residents aged 18+ who do not meet statutory thresholds but would benefit from early, coordinated support. Common referral themes include loneliness, mental wellbeing, long-term conditions, caring responsibilities, financial or food insecurity, and reduced community engagement.

How Live Well helps referral agencies

- One clear referral route into community support
- Reduced repeat presentations and escalation
- Improved engagement and outcomes through local delivery
- Joined-up voluntary sector coordination
- Effective step-down and discharge support

What happens after a referral?

Referrals are triaged promptly. A Live Well practitioner will contact the resident to carry out a light-touch, strengths-based assessment and coordinate appropriate community support. Where consent is given, referrers may receive confirmation of engagement.

How to refer

- livewell@tapestry-uk.org
- 01708 796600
- www.tapestry-uk.org/livewell

Together, we can make prevention work better — for residents and the wider system.